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Table 1. Baseline characteristics

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | **N** | **%** |  |
| Age (years) |  | 450 | 37 (11) | \* |
| Gender | Female | 240 | 53.3 |  |
|  | Male | 210 | 46.7 |  |
| Race | Malay | 234 | 52.0 |  |
|  | Chinese | 184 | 40.9 |  |
|  | Indian | 32 | 7.1 |  |
| Smoking | No | 346 | 76.9 |  |
|  | Yes | 104 | 23.1 |  |
| BMI (kg/m2) |  | 448 | 25.0 (6.2) | \*\* |
| HbA1c (%) |  | 450 | 6.5 (1.8) | \* |

\* Mean (Standard deviation), \*\* Median (Interquartile range)

Table . Prevalence of high blood pressure by age, gender, race, smoking status and HbA1c.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Normal | High |  |  |  |
|  |  | N | % | N | % | Statistics | df | P |
| Age |  | 271 | 36 (11)\* | 179 | 37 (11)\* | t=0.283 | 448 | 0.777 |
| Gender | Female | 145 | 60.4 | 95 | 39.6 | 2=0.008 | 1 | 0.928 |
|  | Male | 126 | 60.0 | 84 | 40.0 |  |  |  |
| Race | Malay | 153 | 65.4 | 81 | 34.6 | 2=5.459 | 2 | 0.065 |
|  | Chinese | 101 | 54.9 | 83 | 45.1 |  |  |  |
|  | Indian | 17 | 53.1 | 15 | 46.9 |  |  |  |
| Smoking status | No | 242 | 69.9 | 104 | 30.1 | 2=59.046 | 1 | < 0.001 |
|  | Yes | 29 | 27.9 | 75 | 72.1 |  |  |  |
| HbA1c |  | 271 | 6.2 (1.6)\* | 179 | 6.9 (1.9)\* | t=4.078 | 338.078 | <0.001 |
| BMI (kg/m2) |  |  | 23.4 (4.1)\*\* |  | 29.9 (10.0)\*\* | Z (Mann-Whitney) = 11.664 | - | < 0.001 |

\* Mean (SD), \*\* Median (IQR)