Table 1. Baseline characteristics

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | N | % |
| Age (years) |  | 450 | 36 (11)\* |
| Gender | Female | 240 | 53.3 |
|  | Male | 210 | 46.7 |
| Race | Malay | 234 | 52.0 |
|  | Chinese | 184 | 40.9 |
|  | Indian | 32 | 7.1 |
| Smoking status | No | 346 | 76.9 |
|  | Yes | 104 | 23.1 |
| BMI Status\*\* | Normal | 224 | 49.8 |
|  | Overweight | 127 | 28.2 |
|  | Obese | 97 | 21.6 |
| HbA1c (%) |  | 450 | 6.5 (1.8)\* |

\* Mean (SD), \*\* N=448

Table . Relationship of blood pressure (BP) with age, gender, race,

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Normal BP | | High BP | | Statistics | df | P |
|  |  | N | % | N | % |  |  |  |
| Age (years) |  | 271 | 36 (11)\* | 179 | 37 (11)\* | t=0.283 | 448 | 0.777 |
| Gender | Female | 145 | 60.4 | 95 | 39.6 | 2=0.008 | 1 | 0.928 |
|  | Male | 126 | 60.0 | 84 | 40.0 |  |  |  |
| Race | Malay | 153 | 65.4 | 81 | 34.6 | 2=5.423 | 1 | 0.020 |
|  | Non Malay | 118 | 54.6 | 98 | 45.4 |  |  |  |
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\* Mean (SD)