**List of Tables**

[Table 1. Baseline characteristics 2](#_Toc343607325)

[Table 2. Association of blood pressure with age, gender 3](#_Toc343607326)

Table 1. Baseline characteristics

|  |  |  |
| --- | --- | --- |
|  | N | % |
| Age (years) \* | 450 | 36 (11) |
| Gender |  |  |
| Male | 240 | 53.3 |
| Female | 210 | 46.7 |
| Race |  |  |
| Malay | 234 | 52 |
| Chinese | 184 | 40.9 |
| Indian | 32 | 7.1 |
| Smoking |  |  |
| No | 346 | 76.9 |
| Yes | 104 | 23.1 |
| HbA1c\* | 450 | 6.5 (1.8) |
| BMI Status\*\* |  |  |
| Normal | 137 | 30.4 |
| Overweight | 164 | 36.4 |
| Obese | 147 | 32.7 |
| Blood pressure |  |  |
| Normal | 271 | 60.2 |
| High | 179 | 39.8 |

\* Mean (SD), \*\* Missing value = 2

Table 2. Association of blood pressure with age, gender

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Normal | | High | |  |  |  |
|  | N | Mean (SD) | N | Mean (SD) | Statistics | df | P |
| Age (years) | 271 | 36.5 (11.2) | 179 | 36.8 (11.5) | t=0.283 | 448 | 0.777 |
| Gender |  |  |  |  |  |  |  |
| Female | 145 | 60.4 | 95 | 39.6 | 2=0.008 | 1 | 0.928 |
| Male | 126 | 60.0 | 84 | 40.0 |  |  |  |
| Race |  |  |  |  |  |  |  |
| Malay | 153 | 65.4% | 81 | 34.6% | 2= | 2 |  |
| Chinese | 101 | 54.9% | 83 | 45.1% |  |  |  |
| Indian | 17 | 53.1% | 15 | 46.9% |  |  |  |
| Smoking staus |  |  |  |  |  |  |  |
| No | 242 | 69.9% | 104 | 30.1% | 2= | 1 |  |
| Yes | 29 | 27.9% | 75 | 72.1% |  |  |  |
| BMI Status |  |  |  |  |  |  |  |
| Normal | 121 | 88.3% | 16 | 11.7% | 2= | 1 |  |
| Overweight | 111 | 67.7% | 53 | 32.3% |  |  |  |
| Obese | 39 | 26.5% | 108 | 73.5% |  |  |  |
|  |  |  |  |  |  |  |  |