Acute Hemiparesis and Ipsilateral Supratentorial Lesion: Any Association?

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Quiz:

A 59-year-old man presented with acute grade 4 left-sided pyramidal weakness, which improved spontaneously over a half-an-hour period to a remarkable degree. He had a history of longstanding hypertension and hyperlipidemia for which he was taking daily ramipril and atorvastatin. Otherwise, he denied any history of headache, previous focal neurological deficits, or seizures. He reported no loss of consciousness or external injuries. After examining the patient, an urgent non-contrast CT brain scan was carried out (Figure).

1. What was the likely cause of his hemiparesis?
   A. Chronic left-sided extradural hematoma.
   B. Subacute left-sided subdural hematoma.
   C. Right-sided hemispheric transient ischemic attack.
   D. Small right-sided basal ganglia haemorrhage.
   E. Acute right-sided intra-occipital horn/ventricular haemorrhage.
   
   Answer: C

2. What is the next best step?
   A. Arrange for urgent craniectomy.
   B. Do burr-hole craniotomy.
   C. Prescribe aspirin.
   D. Order direct ventriculostomy.
   E. Check coagulation profile.

   Answer: C

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DISCUSSION

Clinically, this middle-aged hypertensive and hyperlipidemic man had a hemispheric TIA; he should receive antiplatelet therapy, like aspirin. The left-sided “extra-axial” hypodense area in the CT is an arachnoid cyst, which was an incidental finding. Superficially, its shape resembles a large extradural hematoma; but there is no such a “chronic” hematoma. Extradural and subdural hematomas compress the underlying brain and result in effacement of its sulci and ventricles with midline shifting of the hemispheric structures which is not seen in this case. The hyperdense areas inside the right basal ganglia and occipital horn are calcifications.

Arachnoid cysts comprise approximately 1% of all intracranial space occupying lesions and develop when CSF collects between layers of the arachnoid matter of the meninges. The majority of these cysts are “primary” and result from abnormal development of the brain meninges in utero; however, some cysts are acquired and result from loculation of CSF within the arachnoid layers as an aftermath of inflammatory adhesions. Around 42% are found supratentorially; of these, 5% are located on one of the hemispheres. The wide-spread use of brain imaging has uncovered the presence of several arachnoid cysts; most of these cysts in adults are asymptomatic while in children they usually result in epilepsy, focal deficits, and cognitive impairment. This man had no symptoms with respect to his cyst so he needs no neurosurgical intervention.

FURTHER READING

1. Amin OSM, Shwani SS. Asymptomatic supratentorial arachnoid cyst and symptomatic demyelination plaques: which one needstreatment? BMJ Case Reports 2010;10.1136/bcr.08.2010.3286.